



William Cobbett
PRIMARY SCHOOL

Focus group

Relationships/Health and sex education

Objectives

We want to:

- Explain the changes to requirements for RHSE (relationships education, health education and sex education) coming in from September 2020 (this date was extended due to COVID).
- Explain that Relationships and Health Education are now compulsory in primary schools in England.
- Explain how we plan to teach RHSE.
- Look at what the RHSE curriculum covers and get your views on this
- Explain how we have taken on Jigsaw as our PSHE programme which will help us deliver RHSE.

What are the new RSE requirements?

- We **must** provide the following to all pupils (compulsory):
 - Relationships education
 - Health education
- We aren't required to provide sex education beyond the statutory requirements of the science curriculum. However, it is recommended that education in this area is beneficial to children and young people. Any additional teaching comes under the PSHE curriculum

<u>Science curriculum</u>	<u>Relationships and Health Education</u>	<u>Sex Education</u>
<p>At KS1 and KS2 this is a compulsory subject and children cannot be withdrawn from these lessons</p> <p>Correct names for external body parts at KS1</p> <p>Learning how the human body changes from birth to old age covered in both KS1 and KS2.</p> <p>Reproduction in plants and animals which can include humans. KS2</p>	<p>These are compulsory subjects and children cannot be withdrawn from these lessons.</p> <p>The PSHE curriculum fits here.</p> <p>This includes the changing adolescent body: puberty.</p>	<p>Children can be withdrawn from these lessons.</p> <p>Any additional content covered beyond things in Science, Relationships and Health education.</p>

What does our curriculum look like now?

- We teach the statutory science curriculum at KS1 and KS2
- We teach how the children have changed since they were babies
- We teach that our bodies are private. This is part of safeguarding children and we use the NSPCC materials to support this
- We teach puberty at an age appropriate level in Years 4,5 and 6
- We teach about reproduction and conception in Years 5 and 6
- We teach about how babies grow and develop before they are born

What are the proposed changes to the curriculum?

- The KS1 science would stay the same and in Year 5 (KS2) the children will be taught about life cycles of plants and animals. They already do this in Year 5. The teaching would include the fact a male's sperm and female's egg make a baby. It would not involve knowing how these parts come together.
- We would teach reproduction and conception in Year 6 rather than in years 5 and 6.
- Puberty will be taught in Years 3-6 but in Year 3, this would involve children thinking about how they might change such as getting taller or growing hair on the face.
- Menstruation will be taught in Years 5 and 6 as it is now. Many children do start their periods at this age. We will support any child who starts their periods earlier than Year 5 if a parent requests us to.

Some questions you may have or might like to consider with us.

- What are your thoughts on our current curriculum for RSE and PSHE education? Do you think this curriculum meets your child's needs?
- What do we do well? What could we do better?
- Is there anything we're not covering that you think we need to address?
- Is there something we could cover more/less?
- What do you think about the way we plan to deliver RSE to pupils?
- As a parent, do you feel like you need more information or guidance on specific topics?

What happens next?

We're also getting feedback from:

- > Staff
- > Pupils
- > Governors

Once we've considered all the feedback, we'll draft an updated RHSE policy, which will set out our proposed curriculum. We will also send a parent leaflet about PSHE and RHSE to parents and make this available on our website.

There will be a formal consultation period before the updated policy is approved.

We will post the draft policy on our website before half term and send parents and carers an email explaining how to provide feedback.